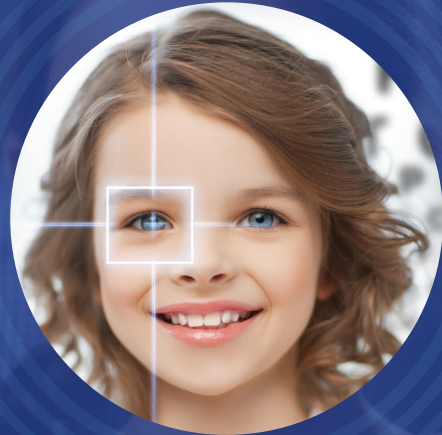




MARCH 5-7, 2026
BRASOV



MY**PIA**
Management Days

PROGRAM



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Dear colleagues, dear friends,

It is a pleasure to welcome you to the biennial edition of **Myopia Management Days**, here in **Brasov, March 5-7, 2026**, held under the auspices of EurOK - the European organisation dedicated to myopia control - and the Romanian Strabology and Ophthalmopediatry Society (SRSOP).

This year's programme brings together international experts:

Prof. **Langis MICHAUD**, Prof. **Marino FORMENTI**, Prof. **Jaume PAUNÉ FABRÉ**, Prof. **Dominique BREMOND-GIGNAC**, Assoc. Prof. **Juan BOLIVAR**, and **Brian TOMPKINS** - alongside leading Romanian specialists in paediatric ophthalmology and myopia management.

In addition to the scientific sessions, we have prepared interactive, hands-on workshops focused on practical approaches to myopia management. Participants also have the opportunity to sit the written exam for the EurOK Myopia Management Certification.

I hope you enjoy the meeting and find the sessions valuable and inspiring. I look forward to seeing you over the next few days and to continuing our work together as myopia management continues to advance.

With warm regards,

Dr. Daniela GOICEA

Coordinator, EurOK Romanian Section



International speakers (A-Z)



Rodica
BÎLBA
Republic of Moldova



Juan
BOLIVAR
Spain



Dominique
**BREMOND-
GIGNAC**
France



Marino
FORMENTI
Italy



Langis
MICHAUD
Canada



Jaume
Pauné Fabré
Spain



Sandro
SCIACCA
Italy



Beáta
TAPASZTÓ
Hungary



Brian
TOMPKINS
United Kingdom

National speakers (A-Z)



Oana
ANDREI

Bucharest, Romania



Daniela
CIOLEAN

Bucharest, Romania



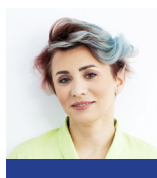
Andreea
CIUBOTARU

Bucharest, Romania



Mihaela
DRAGOMIR

Bucharest, Romania



Sînziana
ISTRATE

Bucharest, Romania



Alina
MUNTEAN

Timisoara, Romania



Simona
RADU

Bucharest, Romania



Adriana
STĂNILĂ

Sibiu, Romania



Irina
ȘTEFAN

Bucharest, Romania



Luminița
TEODORESCU

Bucharest, Romania

Conference venue layout by floor

Participant registration – InfoDesk		
Foyer – 2 nd Floor		Thursday: 08:00 – 18:30
		Friday: 08:00 – 18:30
		Saturday: 08:30 – 14:00
Workshop rooms		
3 rd Floor		Thursday: 09:00 – 18:30
		Saturday: 14:00 – 18:30
Kronwell Hall – Conference & Exhibition Area		
2 nd Floor		Friday: 08:30 – 18:45
		Saturday: 09:00 – 13:40

Scientific Program

THURSDAY • MARCH 5, 2026

08:00 - 9:00 Foyer – 2nd Floor: Participant registration

09:00 - 11:00 **Room: Peter Drucker – 3rd Floor**
Workshop: The effective visual examination in Myopia Management
TRAINER: Prof. **Marino FORMENTI**

09:00 - 11:00 **Room: Al Ries + H. Markowitz – 3rd Floor**
Vizofia Workshop: From Theory to Clinical Practice – Soft Contact Lenses in Myopia Correction (Evidence-Based Perspectives and Clinical Applications from Practice)
TRAINERS: Dr. **Daniela GOICEA**, Dr. **Irina ȘTEFAN**, **Daniel SIRVENT**

11:00 - 11:30 **COFFEE BREAK**

11:30 - 13:30 **Room: Philip Kotler – 3rd Floor**
Retinoscopy Workshop
TRAINER: Dr. **Oana ANDREI**

11:30 - 13:30 **Room: Peter Drucker – 3rd Floor**
ROOFT Workshop: Orthokeratology in Optometric Practice: Patient Selection, Fitting and Monitoring
TRAINERS: Prof. **Jaume PAUNÉ FABRÉ**, Dr. **Dragoș VIȘAN**, **Ioana RĂZĂILĂ**, **Gabriela BODNARI**

13:30 - 14:00 **LUNCH BREAK**

14:00 - 16:00

Room: Al Ries + H. Markowitz – 3rd Floor

Vizofia Workshop: From Confusion to Clarity – How We Support Children and Parents in Making Decisions About Myopia Treatment

TRAINERS: Brian TOMPKINS - Confusion to Clarity
Daniel SIRVENT (Vizofia & Tiedra) - From Clarity to Action
Alina Petric (OptoLearning) - From Action to Ecosystem

16:00 - 16:30

COFFEE BREAK

16:30 - 18:30

Room: Philip Kotler – 3rd Floor

ZEISS Workshop: ZEISS Smart Refraction and Solutions for Managing Myopia Progression

TRAINER: Body GYURI

16:30 - 18:30

Room: Peter Drucker – 3rd Floor

ROOFT Workshop: From Diagnosis to Effective Control: Orthokeratology in Myopia Management

TRAINERS: Prof. Jaume PAUNÉ FABRÉ, Dr. Dragoş VIŞAN

NOTES

FRIDAY · MARCH 6, 2026

Kronwell Hall – 2nd Floor

08:00 - 08:30	Foyer – 2nd Floor Participant registration
08:30 - 10:30	SESSION I: Understanding the Enemy CHAIRS: Marino FORMENTI, Andreea CIUBOTARU
08:30 - 08:40	Official Opening Daniela GOICEA, Marino FORMENTI
08:40 - 08:50	Myopia in Europe Beáta TAPASZTÓ
08:50 - 09:10	Genetics of Simple and Syndromic Myopia Andreea CIUBOTARU
09:10 - 09:30	The Impact of Lifestyle Factors on the Occurrence and Control of Myopia Mihaela DRAGOMIR
09:30 - 09:55	Binocular Vision Risk Factors on Myopia Development/Progression Marino FORMENTI
09:55 - 10:20	Basic Principle to Understand How Myopia Develops and How We Can Influence It Langis MICHAUD
10:20 - 10:30	Discussions
10:30 - 11:00	COFFEE BREAK

11:00 - 13:00	SESSION II: From Diagnosis to Treatment CHAIRS: Langis MICHAUD, Luminița TEODORESCU	
11:00 - 11:30	How to Evaluate a Myopic Child? Debate: Can We Evaluate Without Cycloplegia and Axial Length Measurement? Yes/No Langis MICHAUD, Marino FORMENTI	
11:30 - 11:50	Why Risk Analysis is Useful? Sînziana ISTRATE	
11:50 - 12:10	Myopia Control with Spectacle Lenses: What, When, and Why? Luminița TEODORESCU	
12:10 - 12:20	ESSILOR SYMPOSIUM: Stellest Lenses: Essilor's Best Solution for Slowing Myopia Progression in Children Adrian LUNGU	 ESSILOR
12:20 - 12:35	HOYA SYMPOSIUM: MiYOSMART: The Latest Studies in Myopia Management Georgeta MAXIM	 HOYA FOR THE VISIONARIES
12:35 - 12:55	The Place of Soft Contact Lenses in Myopia Management Alina MUNTEAN	
12:55 - 13:00	Discussions	
13:00 - 13:50	LUNCH BREAK	

SESSIONS NOTES

13:50 - 16:00	SESSION III: Stopping Myopia: Strategies and Outcomes, Personalized Treatment CHAIRS: Dominique BREMOND-GIGNAC, Alina MUNTEAN	
13:50 - 14:30	Dancing with Ortho-K Jaume PAUNÉ FABRÉ, Juan BOLIVAR	
14:30 - 14:40	ROOFT SYMPOSIUM: Customized Ortho-K-PauneLens 3R: From lens to Myopia Control Strategy Jaume PAUNÉ FABRÉ	
14:40 - 15:05	Atropine in Myopia Control Dominique BREMOND-GIGNAC	
15:05 - 15:35	Combined Therapy in Myopia Management. Debate: Start with Combined Therapy vs. Start with Monotherapy Daniela GOICEA, Langis MICHAUD	
15:35 - 15:55	From Theory to Practice: Managing Myopia One Child at a Time Langis MICHAUD	
15:55 - 16:00	Discussions	
16:00 - 16:30	COFFEE BREAK	

SESSIONS NOTES

16:30 - 18:35	SESSION IV: Myopia in Practice CHAIRS: Daniela GOICEA, Rodica BÎLBA
16:30 - 17:00	Optometrist & Ophthalmologist - Two Perspectives, One Common Goal Rodica BÎLBA, Sandro SCIACCA
17:00 - 18:00	Round table: My Secret in Myopia Management & Hot Subjects • Communicating the Message, Discussing with Parents and the Child • How Do You Convince the Patient that Treatment is Necessary? • How Do You Convince Him Not to Stop Atropine? • Criteria That Help You Decide on the Treatment Method Rodica BÎLBA, Cristina DAVID, Dacia HÎNCU, Sînziana ISTRATE, Irina ȘTEFAN
18:00 - 18:30	IKIGEYE Brian TOMPKINS
18:30 - 18:35	Discussions
18:35 - 18:45	Prize draw

SATURDAY • MARCH 7, 2026

Kronwell Hall – 2nd Floor

08:30 - 09:00	Foyer – 2nd Floor Participant registration
09:00 - 11:00	SESSION V: Myopia: Diagnostic and Therapeutic Challenges Throughout Life CHAIRS: Daniela CIOPLEAN, Simona RADU
09:00 - 09:20	High Myopia in Infants and Young Children Oana ANDREI
09:20 - 09:40	Binocular Vision Disorders Accompanying Myopia Daniela CIOPLEAN
09:40 - 10:00	Scanning the Future: How to Identify and Treat the Pre-Myopes Daniela GOICEA
10:00 - 10:20	Progressive Myopia in Young Adults - Should We Offer More Than a New Prescription? Irina ȘTEFAN
10:20 - 10:40	Safety of Contact Lens Wear Today Simona RADU
10:40 - 10:55	SIFI SYMPOSIUM: Advantages of Preservative - Free Corticosteroids in Everyday Practice Daniela GOICEA
10:55 - 11:00	Discussions
11:00 - 11:30	COFFEE BREAK



11:30 - 13:30	SESSION VI: From Child Treatment to Adult Surgery - Clinical Cases and Theory CHAIRS: Adriana STĂNILĂ, Sînziana ISTRATE
11:30 - 11:37	Myopia – When It Is Not About Progression Mihaela DRAGOMIR, Corina MERTICARIU, Georgiana MILEA
11:37 - 11:44	Infantile High Myopia – Clinical Cases Oana ANDREI
11:44 - 11:51	What Happens When You Mix Apples with Oranges? A Case Report of Orthokeratology for Myopia Cristina Andreea HOPINCĂ
11:51 - 11:58	High Myopia with Anisometropia – Myths and Reality Mihaela DRAGOMIR
11:58 - 12:05	Sequential Management of Myopia: From Orthokeratology to Refractive Surgery - Clinical Case Presentation Mihaela SIMION
12:05 - 12:25	The Importance of Myopia Control in Corneal Refractive Surgery Adriana STĂNILĂ
12:25 - 12:32	Myopia from the Perspective of Refractive Surgery - Special Clinical Cases Mihaela SIMION
12:32 - 12:47	THEA SYMPOSIUM: The Importance of Optimizing the Ocular Surface in Corneal Refractive Surgery Adriana STĂNILĂ
12:47 - 12:55	Discusions
12:55 - 13:25	Orthokeratology Lens in the ‘Hot Seat’ Sînziana ISTRATE, Rareș BODNARIUC, Dragoș VIȘAN, Maria GHIZILĂ
13:25 - 13:30	Discussions and Final Conclusions
13:30 - 13:40	Prize draw



SATURDAY • MARCH 7, 2026

14:00 - 17:00

Al Ries + H. Markowitz - 3rd Floor

**Ocularia Workshop: From Suspicion to the Perfect Solution:
A Comprehensive Guide for Patients with Keratoconus**

TRAINER: Conf. Dr. **Raluca IANCU**

14:00 - 16:00

Room: Philip Kotler - 3rd Floor

**Optimed Workshop: Advances in OCT Imaging in Myopia.
Triton2 OCT Advantages**

TRAINER: Lecturer Dr. **Bogdana TĂBĂCARU**

16:00 - 16:30

COFFEE BREAK

16:30 - 18:30

Peter Drucker - 3rd Floor

**Hoya Workshop: How to Choose Spectacle Lenses for the Myopic
Child Based on Refraction, Binocular Vision Status and Axial Length**

TRAINERS: Dr. **Irina ȘTEFAN**, Dr. **Daniela GOICEA**, **Georgeta MAXIM**

General information

Venue & dates

Hotel Kronwell Brasov
Bulevardul Garii 7A, 500203 Brasov
March 5-7, 2026

Accreditation

Myopia Days Conference is accredited by the Romanian College of Physicians for Continuing Medical Education, with CME credits.

Certificate of attendance

Each participant will receive a certificate of attendance, sent by email by the event's PCO – Eventrium SRL.

Infodesk

The InfoDesk will be located in the Foyer – 2nd Floor, Hotel Kronwell Brasov.

Opening hours:

- Thursday, March 5: 08⁰⁰ – 18³⁰
- Friday, March 6: 08⁰⁰ – 18³⁰
- Saturday, March 7: 08³⁰ – 14⁰⁰

Access to the event

Access to the conference hall is granted with the badge received at registration (InfoDesk). We recommend arriving with enough time before the sessions start.

Lost & found

Lost items can be collected from the InfoDesk. To report a lost item, please contact the InfoDesk staff.

Liability & insurance

The organisers are not responsible for accidents or material damage during the event.

Participants are kindly asked to stay alert and avoid any risk of accidents or loss.

Smoking

Smoking is permitted only in designated areas.

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GOLD PARTNERS



SILVER PARTNERS



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